

my future, my way, my high school



Online Course Catalog

The Insight School of California - North Bay course catalog for the 2009 Fall Semester consists of more than 110 courses. Our course catalog includes a wide variety of selections in all core academic areas in addition to many elective areas:

- English Language Arts
- Occupational/Technical Education
- Mathematics
- Foreign Languages
- Social Studies
- The Arts
- Science
- Life/Study Skills
- Health/Physical Education
- Electives

Our courses are further grouped to address course rigor, student backgrounds, and aspirations:

Foundation courses are designed for the student who has been challenged by traditional comprehensive courses or needs to fill gaps in their academic record. This academic option takes advantage of the unique benefits of online learning to help students build study skills and knowledge

in an individualized, personalized, supported environment. Foundation courses may fulfill core or elective requirements.

Comprehensive, or core, courses are designed for the high school student who has experienced success in school. They are appropriate for students who are looking to continue on to college or who plan to enter a vocation upon graduation with the academic skills they need to succeed in life. Core courses fulfill graduation requirements.

Elective courses are courses designed for students across all academic abilities to explore particular interests or to further knowledge in a particular subject area; these courses meet the electives graduation requirement. (Some courses may also satisfy the electives requirement but only after all core requirements have been completed.)

Honors courses are designed for the high-achieving, well-prepared, college-bound student who is willing to invest substantial time and effort in academic coursework and enjoys working with other students with the same interests, ambitions, and abilities. Unless otherwise noted, Honors courses fulfill core requirements.

AP courses are the most academically-intensive courses designed for the student who has had comprehensive success in the course prerequisites, wishes to earn college credit while in high school and continue on to a competitive college or university. Unless otherwise noted, AP courses fulfill core requirements.

Course catalog is subject to change.

English Language Arts

Credit

Foundation/Electives

ENG 103	Elements of English I	1.0
ENG 104	Elements of English II	1.0
ENG 105	Elements of English III	1.0

Comprehensive/Core

ENG 110	English I: Literature & Composition	10
ENG 210	English II: Critical Reading & Effective Writing	10
ENG 310	English III: American Literature	10
ENG 410	English IV: British Literature	10

Electives

ENG 112	Creative Writing	5
ENG 114	Journalism	5
ENG 115	Folklore, Myths, and Legends	5
ENG 314	Drama in Literature	5
ENG 414	Communications/Public Speaking	5

Honors

ENG 120	Honors English I: Literature & Composition	10
ENG 220	Honors English II: Critical Reading & Effective Writing	10
ENG 320	Honors English III: American Literature	10
ENG 420	Honors English IV: British Literature	10

AP

ENG 431	AP English Language & Composition	10
ENG 432	AP English Literature & Composition	10

Mathematics

Foundation/Core

MAT 104	Fundamental Math	1.0
MAT 105	Pre-Algebra	1.0

Comprehensive/Core

MAT 110	Algebra I	10
MAT 210	Geometry	10
MAT 310	Algebra II	10
MAT 410	Pre-Calculus	5
MAT 411	Trigonometry	5
MAT 412	Calculus	10

Electives

MAT 111	Business & Consumer Math	5
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Honors

MAT 120	Honors Algebra I	10
MAT 220	Honors Geometry	10
MAT 320	Honors Algebra II	10

AP

MAT 431	AP Calculus AB	10
MAT 432	AP Statistics	10

Social Studies

Comprehensive/Core

SOC 210	World History	10
SOC 310	U.S. History	10
SOC 311	Economics	5
SOC 410	U.S. Government & Politics	5

Electives

SOC 112	Global Studies	10
SOC 211	Anthropology	5
SOC 212	Geography	10
SOC 313	Psychology	5
SOC 314	Sociology: The Study of Human Relationships	5
SOC 431	AP Psychology	5

Honors

SOC 220	Honors World History	10
SOC 320	Honors U.S. History	10

AP

SOC 432	AP Microeconomics	5
SOC 433	AP Macroeconomics	5
SOC 434	AP U.S. History	10
SOC 435	AP U.S. Government & Politics	5

Science

Comprehensive/Core

SCI 110	Physical Science	10
SCI 111	Earth Science	10
SCI 210	Biology	10
SCI 310	Chemistry	10
SCI 410	Physics	10

Electives

SCI 311	Marine Science	10
SCI 314	Environmental Science	10
SCI 315	Forensic Science	5
SCI 434	AP Environmental Science	5

Honors

SCI 120	Honors Earth Science	10
SCI 220	Honors Biology	10
SCI 320	Honors Chemistry	10

AP

SCI 431	AP Biology	10
SCI 432	AP Chemistry	10
SCI 433	AP Physics B	10

Health Education

Comprehensive/Core

HPE 110	Skills for Health I	5
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Electives

HPE 111	Skills for Health II	5
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Physical Education

Comprehensive/Core

HPE 112	Physical Education I	5
HPE 113	Physical Education II	5
HPE 114	Intro to Individual Sports (Spring only)	5
HPE 115	Intro to Group Sports	5
HPE 210	Walking Fitness	5
HPE 211	Running	5
HPE 611	Student Athlete I*	10
HPE 612	Student Athlete II*	10
HPE 613	Student Athlete III*	10
HPE 614	Student Athlete IV*	10

Occupational/Technical Education

Electives

BUS 110	Career Prep. Planning	5
BUS 210	Business Communication	5

BUS 211	Business & Personal Protocol	5
BUS 212	Personal Economics & Finance	5
BUS 310	Accounting	10
BUS 311	Marketing	10
BUS 317	International Business	5
BUS 410	Communications/Public Speaking	5
TCH 111	Computer Fundamentals I	5
TCH 116	Digital Image Design	5
TCH 117	Web Design	5
TCH 213	Flash Animation	5
TCH 214	Digital Video Editing & Production	5
TCH 311	C++ Programming I	5
TCH 313	Game Design I	5
TCH 314	Game Design II	5
TCH 315	3-D Game Design	5
TCH 431	AP Computer Science	10

Foreign Languages

Comprehensive/Core

CHN 110	Mandarin Chinese I	10
CHN 210	Mandarin Chinese II	10
FRN 110	French I	10
FRN 210	French II	10
FRN 310	French III	10
GER 110	German I	10
GER 210	German II	10
LAT 110	Latin I	10
LAT 210	Latin II	10
LAT 310	Latin III	10
SPN 110	Spanish I	10
SPN 210	Spanish II	10
SPN 310	Spanish III	10

AP

FRN 430	AP French Language	10
SPN 430	AP Spanish Language	10

Visual and Performing Arts

Comprehensive/Core

ART 110	Art History	10
ART 116	Digital Image Design	5
ART 210	Orientation to Art	5
ART 211	Music Appreciation	5
ART 214	Digital Video Editing & Production	5
ART 611	Performance Studio I*	10
ART 612	Performance Studio II*	10
ART 613	Performance Studio III*	10
ART 614	Performance Studio IV*	10

Electives

ART 310	Drama in Literature	5
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Life and Study Skills

Electives

SLS 110	Career Prep. Planning	5
SLS 111	Study Skills	5
SLS 212	Personal Economics & Finance	5
LRN 611	Independent Study I*	10
LRN 612	Independent Study II*	10
LRN 613	Independent Study III*	10
LRN 614	Independent Study IV*	10

* Extracurricular activities